About TPO Uganda

TPO Uganda is a humanitarian and development national Non-Governmental Organization (NGO) that has been delivering services to vulnerable communities in Uganda since 1994. TPO Uganda remains committed to empowering communities affected by armed conflict and other natural and man-made disasters to meet their protection needs, psychosocial, mental health well-being and to improve their livelihoods. Over the years, TPO Uganda has grown into a respectable national NGO with a demonstrable track record in up to 45 districts spread across seven sub-regions as at January 2024.

Our Vision and Mission

A society where individuals enjoy mental health and socio-economic wellbeing

To empower communities improve their mental health and socio-economic wellbeing

Our Core Values

- **PROFESSIONAL**: In outlook and approach in a personal and organisational level
- **ACCOUNTABLE**: We are transparent and open to external scrutiny; answerable to our constituents.
- **INNOVATIVE**: We are a learning organisation looking for new ways of improving ourselves, adapting to changing needs and context,
- **COMPASSIONATE**: We are kind and empathetic to the needs of our stakeholders including beneficiaries and staff.
- **INCLUSIVE**: We exist to serve humanity equally irrespective of gender, race, ethnicity and other biases.
- **DEPENDABLE**: We can be trusted and relied upon.

Where We Work

**South Western Region:**
Mbarara, Isingiro, Sheema, Kiruhura, Kazo, Ibanda, Mitooma, Rwamara, Bushenyi, Ntungamo, Rukungiri, Kanungu, Rakai, Kabale, Rukiga, Rubanda, Kyotera, Lyantonde, Kikuube, Kiryandongo, Kasese, Kitagwenda, Kamwenge, Kyegegwa

**Central Region:**
Kalungu, Masaka, Mpigi, Kalangala, Sembabule, Lwengo, Bukomansimbi, Kampala

**West Nile Region:**
Yumbe, Madi-Oko, Terigo, Obongi, Koboko

**Northern Region:**
Gulu, Kitgum, Pader, Agago

**Karamoja Region:**
Amudat, Moroto, Kabonga
30 YEARS OF RESTORING HOPE, TRANSFORMING LIVES

On a mission to restore hope, transform lives: 30 years of TPO Uganda

This year 2024, we celebrate 30 years of continued growth of TPO Uganda, an exciting journey of restoring hope and transforming lives. Since inception in 1994, TPO Uganda continues to empower communities affected by armed conflict and other natural and man-made disasters to meet their protection needs, psychosocial, mental health well-being and to improve their livelihoods.

Todate, over 5.5M individuals have directly benefited from our interventions with hundreds of thousands of indirect beneficiaries. As a key catalyst to this celebration, TPO Uganda unveiled a customized logo to spur the celebrations. The customized logo re-emphasizes professionalism, accountability, innovation, compassion, inclusiveness and dependability – the five values at its core of restoring hope and transforming lives.

The organization has grown into a respectable national development and humanitarian NGO with a demonstrable track record in over 45 districts spread across seven sub-regions as at January 2024.

Over the year, our partners and stakeholders shall enjoy tales of historical information, testimonials, data points and a variety of content about this journey.

30 YEARS OF RESTORING HOPE, TRANSFORMING LIVES

OUR KEY PROGRAM INTERVENTIONS

MENTAL, NEUROLOGICAL AND SUBSTANCE USE DISORDERS (MNS) - INTERVENTIONS

• MHPPS awareness raising (Psychoeducation, radio talk shows)
• Community-based socio-therapy
• Mental health outreaches
• Building the capacity of MHPPS service providers
• Individual therapy (psychological) first aid
• Group therapy through Cognitive Behavioral
• Therapy and Problem Management Plus
• Home-based care and family home visits

DISASTER RISK PREVENTION AND RESPONSE - INTERVENTIONS

• Apprentice training for youth in cottage industry practice
• Economic strengthening for households to remain resilient
• Agroecology for farmer groups
• Good agronomic practices skilling for improved yields
• Training in climate-smart agriculture and detection of early warning signs of drought, agriculture policies and sustainable land management
• Support for mechanization of agriculture using training in precision of agro-inputs like pesticides, irrigation technologies and improved seed varieties.

CHILD CARE AND PROTECTION - INTERVENTIONS

• Training duty bearers and actors in child protection concepts
• Prevention and responses mechanism
• Life skills training sessions for children
• Positive parenting skills sessions
• Sensitization campaigns in communities
• Child protection case management including referrals
• National level engagements with key stakeholders like the National Child Protection Working Group
• Creating child-friendly environments and safe spaces.

LIVELIHOOD SUPPORT - INTERVENTIONS

• Supporting the formation of savings groups with financial literacy skilling
• Training in backyard gardening, apprenticeship and life skills for youth out-of-school cottage training, and linkages to other service providers
• Other case management services offered to households included referral, treatment literacy and adherence increasing access to care and treatment and economically stable households.

ORGANIZATIONAL DEVELOPMENT AND SUSTAINABILITY - INTERVENTIONS

• Organisation development interventions include staff capacity-building trainings, orientations and project reviews. TPO Uganda rolled out its new Strategic Plan 2022-2027, focusing on consolidating the gains. To further actualize the strategy, TPO Uganda developed Standard Operating Procedures, Quality Minimum Standards and the M&E framework. These are being integrated across different thematic areas and regions. In addition, TPO Uganda recruited a full-time Program Manager in charge of quality assurance for project implementation, operational efficiency, resource mobilization and beneficiary satisfaction.